

Basic First Aid training is designed to enhance health and safety standards at schools. It emphasizes the importance of First Responder in case of medical emergencies. Students are empowered to support their friends, family and relatives during any medical emergencies.



## Intended Audience

Children be a First Responder in case of a medical emergency.

## Course Material

- Learn to recognise life threatening emergencies including Heart Attack, Stroke, Choking, Asthma Attack, Seizures etc.
- Ability to Protect, Assess, Alert & Attend the victim
- Learn importance of the Golden Hour

## Course Description

- What is an Medical Emergency?
- Role & responsibility of First Responder
- Importance of time
- Principles of First Aid
- Identifying symptoms of common Medical Emergencies
- Common Injuries
- Recognition
- Do's & Don'ts
- Cardio Pulmonary Resuscitation (CPR)- Skill Demonstration

## Participants will learn through

- Discussions & Interactions
- Slides, Audio & Video Presentations
- Role plays & Demonstrations
- Practice on mannequins
- Practice on applying dressing, bandaging and splinting
- Situation analysis
- Evaluation & Certification

## Highlights

<b>Duration:</b>	2.5 Hours
<b>Certification:</b>	VIVO Healthcare
<b>Validity:</b>	1 Year