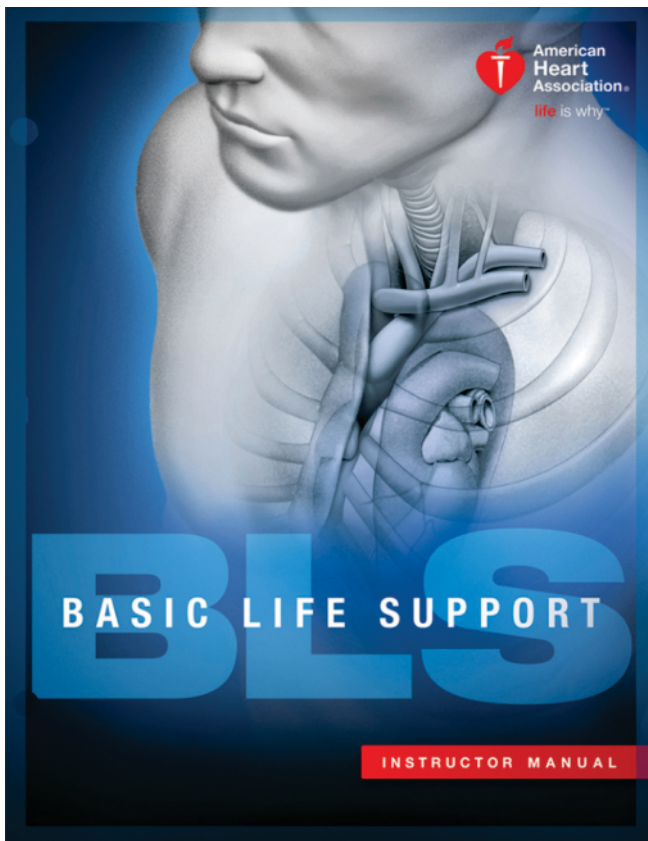


# AHA- Basic Life Support Instructor Course

The American Heart Association Basic Life Support Instructor Course will allow the participant to teach all American Heart Association BLS level certification classes. AHA Basic Life Support instructor course is intended for the individuals who are certified AHA BLS provider and whose focus is on education & training.

Course covers educational methodology, instructor responsibilities, teaching strategies, administrative skills as per 2015 AHA guidelines required for effective modes of instruction for BLS provider courses.



## Intended Audience

1. Candidate should be accepted by VIVO AHA Training Center before enrolling in an Instructor Course and have a completed Instructor Candidate Application on file with VIVO AHA Training Center
2. Candidate should have a current AHA BLS Provider status
3. Candidate should be proficient in BLS provider skills
4. Candidate should successfully complete the AHA BLS Instructor Essentials online module and print & submit the completion certificate

## Course Material

AHA BLS Instructor manual (as per 2015 Guidelines)

## Course Description

- Effective instructor behaviors
- Challenging learners
- Poor instructor behaviors
- Heart saver skills testing mistake scenarios

### Learning stations:

- Adult CPR AED skills practice
- Infant CPR Skill practice

### Learning & Testing stations:

- BLS Skill testing mistake scenarios- Adult CPR AED
- BLS Skill testing mistake scenarios- Infant BLS
- Training center specific policies

## Mode of Instruction:

- Audio-visual based
- Role Plays
- Practice while watching scenarios
- Learning & testing stations

## Highlights

**Duration:** 8 Hours  
**Certification:** American Heart Association  
**Validity:** 2 Years

