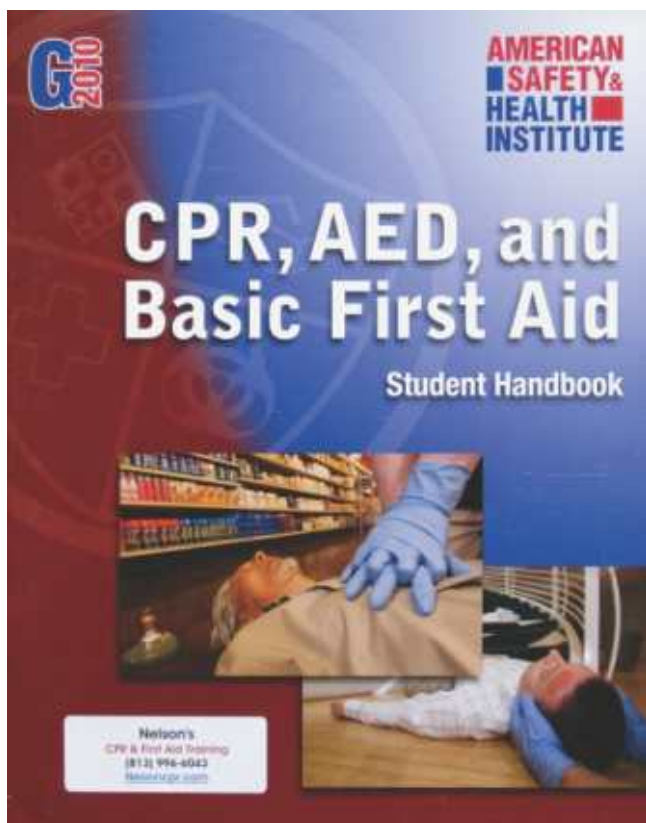


# ASHI- CPR, AED, and Basic First Aid

ASHI CPR, AED, and Basic First Aid combination training equips the participant to develop basic first aid knowledge, skills, and the confidence to respond in emergencies and help save lives. This training is an excellent choice for both the community and workplace setting, and is consistent with recommendations of the 2010 National First Aid Science Advisory Board and OSHA's best practices for first aid training programs in the workplace.



## Intended Audience

Individuals who require CPR, AED, and first aid knowledge and skills; including emergency response teams in business and industry, school bus drivers, adult residential care personnel, child care workers, teachers, secondary school students, parents, and babysitters.

## Course Material

ASHI Basic First Aid Student Handbook (Print or Digital)

## Course Description

- Preparing to respond
- Sudden Cardiac Arrest and Cardio Pulmonary Resuscitation
- Using AED
- Choking
- Patient assessment
- **Common emergency situations:**  
Heart Attack, Stroke, Asthma, Seizures, Low Blood Sugar, Severe Allergic Reaction, Heat & Cold Emergencies, Bites and Stings
- **Soft tissue, muscle, and bone injuries:**  
Eye, Nose & Tooth Injury, Head, Neck, or Back Injury, Burns, Amputation, Impaled Object, Open Chest & Abdominal Injury, Cuts & wounds, Control of Bleeding, Managing Shock
- Using EpiPen® auto-injector
- Splinting & bandaging

## Mode of Instruction:

- Audio visuals classroom training
- Practice While Watching (PWW)
- Hands on practice on manikins

## Highlights

**Course Duration:** 8 Hours

**Certification:** American Safety & Health Institute

**Validity:** 2 Years

