

In this course the participant is trained in Advanced First Aid, which is defined as the recognition of and immediate care for injury or sudden illness, including medical emergencies, prior to the arrival of healthcare professionals.



## Intended Audience

Emergency response teams, mountaineers, fire department personnel, police, security personnel, public works employees, lifeguards, gym instructors, airline personnel, teachers and adventure professionals.

## Course Description

- Basic life support (CPR, AED)
- First aid (cuts, burns, fractures, poisoning etc)
- Medical emergencies ( Heart Attack, Stroke, Cardiac arrest )
- Patient assesment, Vital signs
- Trauma care - Injuries of all types

## Participants will learn through

- Lectures & Demonstrations
- Video presentations
- Discussions and interactions
- Repeated Practice of CPR & AED
- Lifting and moving techniques, Spinal Immobilization
- Practice of Emergency moves.
- Splinting and Bandaging techniques.

## Highlights

<b>Duration:</b>	16 Hours
<b>Certification:</b>	VIVO Healthcare
<b>Validity:</b>	2 Years